



THE ROLL CALL

HAMILTON COUNTY SHERIFF'S OFFICE, TN—FEBRUARY 29TH, 2016

FROM THE DESK OF JIM HAMMOND

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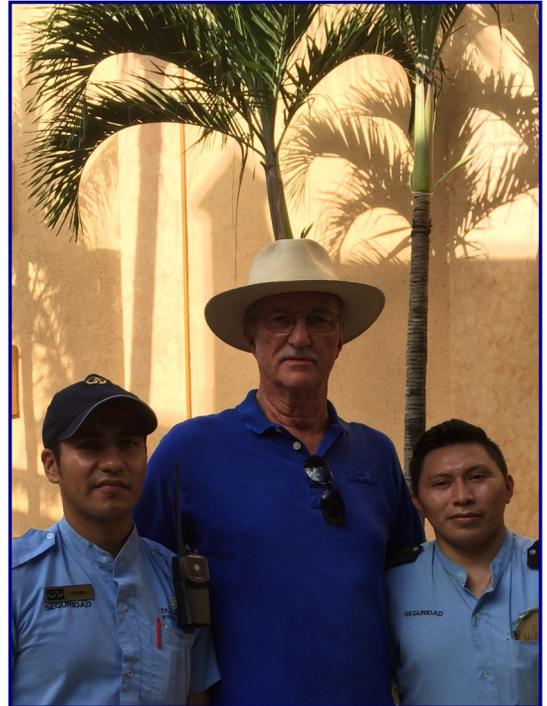
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"To protect and serve."

This pretty much describes the American motto for police work and professional law enforcement in the United States. But, it can also apply to other public and private organizations world-wide that seek to protect and serve the public aside from the traditional role of government law enforcement.



A case in point (with a little satire): Several weeks ago, my wife of 47 years and I celebrated by packing our vacation bags, emptying the refrigerator, arranging for mail pick-up and driving to Atlanta for a flight through the friendly skies early the next morning. At an Atlanta hotel, we were able park our vehicle for a week under the "watchful eyes" of hotel security while we caught a shuttle to the airport.

Here we came under more "watchful eyes" of the airport drop-off security who were ready to swoop down upon any drivers who might leave their car unat-

tended or which remained at the curb too long. I did notice, however, the shuttle vans, taxi cabs and buses all seemed to be excused from the yells and warnings of the curb police. (I guess they were not considered a security threat.

Once inside the airport, we soon found ourselves under more "watchful eyes" of Passport Control who checked our IDs, valid passports and boarding cards. Then, under the "watchful eyes" of the TSA, we were told to "throw out our drinks, don't dare enter any line with guns, knives or any other assortment of weapons,

Continued next page

non-prescription medications, and don't even think about whispering the word 'bomb,' even jokingly." Then off came the shoes, jackets, belts, hats, gloves etc., etc. with the laptop put in a separate tray, hoping it would pass inspection.

And depending on which airport you are, somewhere in the check-in process comes the "watchful eyes" of the airport's security metal detectors and X-ray scanners.

Okay, now we were safely in the restricted area, fully vetted and seated at our gate ready for boarding. Now, only one more check: a final set of "watchful eyes" looking at our passport and boarding cards again, and then we were cleared for takeoff.

Upon arrival at our vacation

destination (see attached pictures), and another run through the maze of passport controls, luggage retrieval, Customs and Immigration, we were funneled through the exit where we were finally treated as welcome tourists with money to spend.

Predictably, onward came the hordes of hawkers, vendors, tour guides and others all smiling and willing to offer their services with various degrees of pressure. Interestingly, the "watchful eyes" of the security guards stood by without intervention unless called upon, and soon enough we were picked up by our hotel transportation and whisked away to the sea-side resort for a week in the sun, beach and pool where we could just relax. But, all this relaxation was still under the "watchful eyes" of the

resort's private security who seemed to be everywhere. Each villa in the resort actually had assigned guards to stand duty twenty-four, seven to make sure our stay would be a safe one.

Well obviously, my point in this article is to poke a little fun at all the "watchful eyes" of global security we have to put up with in our world today.

But in reality, it is the price we all pay for our freedoms for some degree of more safety and comfort from those around the world who would try to steal, kill and destroy us in order to satisfy their own ambitions. It is those of us who choose a career to protect and serve their fellow-man who truly maintain the safety and security we experience in today's world.



We can only imagine what the world would be like without the "watchful eyes" of law enforcement and security. Thank God for all those who take serious their commitment and responsibility to be the world's "watching eyes" in order to protect others wherever they live, work and play.

Jim Hammond—Sheriff

Leadership Briefs *With Chief Deputy Allen Branum*

A VALUABLE 2-PART SERIES ON LEADERSHIP

My Roll Call submissions usually are primarily focused on leadership issues. In a recent "Letter to the Editor," there was an endorsement of a political candidate and the writer credited seven traits possessed by that individual. I am not endorsing a political candidate, only those traits he was credited to have. There are many more than the ones I list. I chose to include these seven in The Roll Call.



1. Vision

Great leaders have vision. They can see into the future. They have a clear, exciting idea of where they are going and what they are trying to accomplish and are excellent at strategic planning. This quality separates them from managers. Having a clear vision turns the individual into a special type of person. This quality of vision changes a "transactional manager" into a "transformational leader." While a manager gets the job done, great leaders tap into the emotions of their employees.

2. Courage

"Courage is rightly considered the foremost of the virtues, for upon it, all others depend."
(Winston Churchill) The quality of courage means that you are willing to take risks in the achievement of your goals with no assurance of success. Be-

cause there is no certainty in life or business, every commitment you make and every action you take entails a risk of some kind.

3. Integrity

In every strategic planning session that has been conducted, the first value agreed upon for their company is integrity. They all agree on the importance of complete honesty in everything they do, both internally and externally. The core of integrity is truthfulness.

Integrity requires that you always tell the truth, to all people, in every situation. Truthfulness is the foundation quality of the trust that is necessary for the success of any business.

4. Humility

Great leaders are those who are strong and decisive but also humble. Humility doesn't mean

that you're weak or unsure of yourself. It means that you have the self-confidence and self-awareness to recognize the value of others without feeling threatened. It means that you are willing to admit you could be wrong, that you recognize you may not have all the answers. And it means that you give credit where credit is due.

Humility gets results.

"The more you can contain your ego, the more realistic you are about your problems. You learn how to listen, and admit that you don't know all the answers. You exhibit the attitude that you can learn from anyone at any time. Your pride doesn't get in the way of gathering the information you need to achieve the best results. It doesn't keep you from sharing the credit that needs to be shared. Humility allows you to acknowledge your mistakes." **AB**

Continued in March issue

Feature Story

News Channel 9's Kelsey Bagwell, Chief Deputy Allen Branum, several deputies and SWAT officers join to make lit-

tle "Tater" Singleton an official Honorary Deputy, complete with badge, hat, certificate and challenge coin. "Tater" said he had three wishes. First, to beat

his Stage 4 Neuroblastoma cancer, second, to meet actor Dwayne "The Rock" Johnson and third, to become a law enforcement officer.



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The Cotton Tail Commentary by John Waters

Tomorrow, March 1st is Super Tuesday, Election Day. The Madam and I voted early. The lady at the registration desk asked me to sign my ballot. I asked the lady if my wife could sign my ballot since she always tells me how to vote anyway. She looked startled—so I signed. It is said that half the population never reads the paper or watches the news, and half the population never votes. It would be nice if they were the same half, right? Bad officials are elected by good citizens who do not vote. The media often glamorizes candidates. When I am sick, I do not ask for the prettiest, most handsome or most eloquent physician. However, I have asked doctors how many cases like mine they have treated and if they made an "A" in that subject. Mud slinging has always been a staple of democratic politics. Jabbing someone else to get into the lime light happens. But lying about the competition is dirtier than mud. Keep in mind, if candidates would lie about each other to get your vote, they will lie to you. Establishment candidates or outsiders? Both have their liabilities. While the one may wish to protect the status quo, the other may not have a clue what they will do when elected, no matter what they promise. A final quote, "The difference between a a democracy and a dictatorship is that in a democracy you vote first and take orders later, in a dictatorship you don't have to waste your time voting." Make a difference, do go vote.

Law Enforcement And Technology

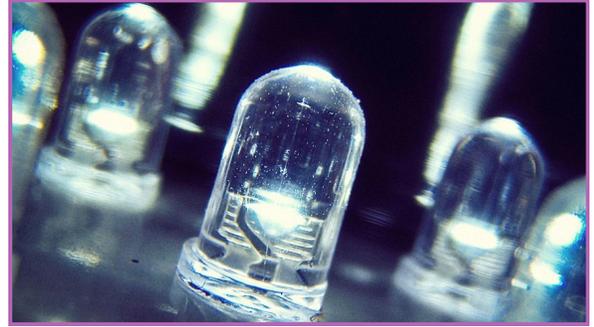
Li-Fi Could Be And Should Be Tomorrow's Technology

Current technologies, advanced as they might be, are strained under the demand for Wi-Fi and transmissions of mass quantities of data. With the predicted growth of mobile devices, by 2019 more than ten billion mobile devices will exchange 35 quintillion bytes of information each month. Add to that the traditional computers, big data servers, and Internet of Things devices, and the strain becomes even more of an issue.

Fortunately, scientists have now discovered a method of data transmission more than 100 times faster than traditional Wi-Fi, and it only requires that you turn on a light. Li-Fi is a category of Visible Light Communication; a LED light flickers at speeds undetectable to the naked eye to

transmit data – somewhat like a fast Morse Code that uses light. In fact, scientists have demonstrated in a lab that they can transmit information at as much as 224 gigabits per second, the equivalent of 18 movies of 1.5 GB each being downloaded every single second. In an office setting, they were able to achieve speeds up to 100 times faster than average Wi-Fi speeds.

The LED lights require very little energy, and can be powered by a standard Ethernet cord. Inventor Harald Haas has also suggested that the smart lights could be powered by solar cells charging batteries. In addition, Li-Fi does not create electromagnetic interference the way Wi-Fi does, meaning it could have important applica-



tions in sensitive locations. This advancement is not without its drawbacks, however. In very bright daylight, the receivers wouldn't be able to distinguish the signal. Another problem is that the Li-Fi signal cannot pass through walls. These limitations could be overcome, however, with new technologies and further research, with the right approach to resolving some matters which are fairly insignificant when faced with the big picture of having a platform that can support today's huge amounts of data.

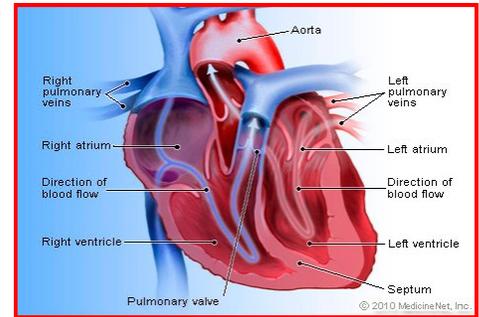
IHLS News



Your Health - Your Heart

HOW TO SURVIVE A HEART ATTACK WHEN YOU ARE ALONE

THIS COULD QUITE POSSIBLY SAVE YOUR LIFE!



1. Let's say it's 7:25 pm and you're going home alone after an unusually hard day on the job.

2. For any of the usual reasons, you're tired, upset and frustrated.

3. Suddenly you start experiencing severe pain in your chest that starts to drag out into your arm and up in to your jaw. You are only about five miles from the hospital nearest your home.

4. Unfortunately, you don't know if you'll be able to make it that far.

5. We have all been trained repeatedly in CPR in our in-service training, but those who teach that course rarely tell

you how to perform it on yourself.

6. Since many people are alone when they suffer a heart attack without help, the person whose heart is beating improperly and who begins to feel faint, may have only seconds or so left before losing consciousness.

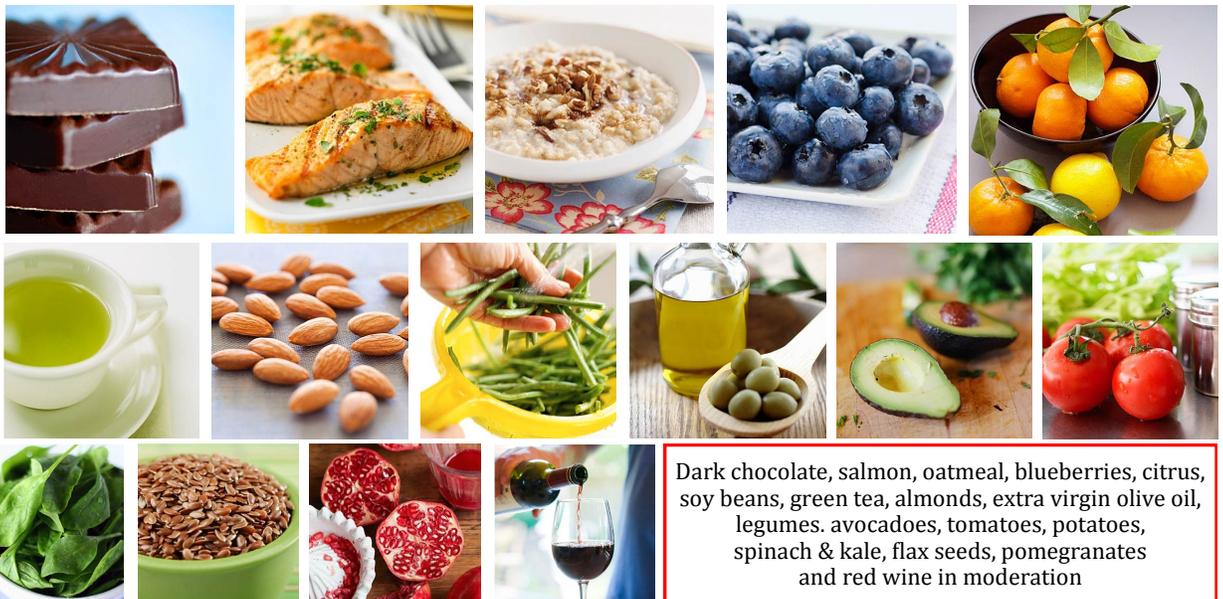
7. However, heart attack victims may be able to help themselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest. A breath and a cough must be repeated about every two seconds without a let-up until help arrives, or until the heart

is felt to be beating normally again (in rhythm).

8. This is what is happening when you do that: Deep breaths get oxygen into the lungs and the coughing movements squeeze the heart and help keep the blood circulating. The squeezing pressure on the heart also helps it to regain a normal rhythm. In this way, heart attack victims can help themselves until help arrives or until they can make it to a hospital.

Submitted by Director Bennett

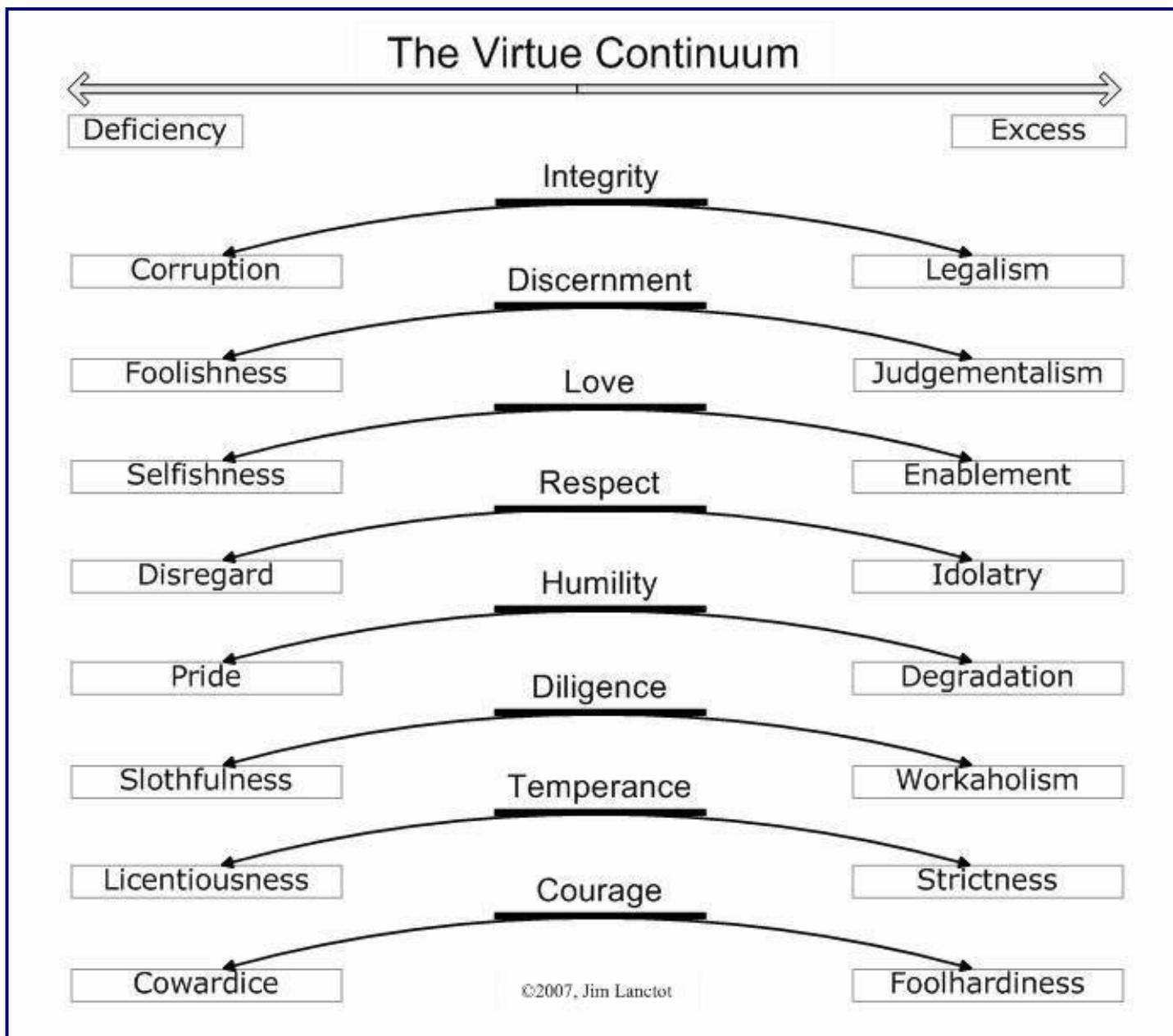
17 HEART HEALTHY FOODS



Dark chocolate, salmon, oatmeal, blueberries, citrus, soy beans, green tea, almonds, extra virgin olive oil, legumes, avocados, tomatoes, potatoes, spinach & kale, flax seeds, pomegranates and red wine in moderation

Your Health – Your Character

Character - Who You Are When You Think No One Sees You



GOODNESS IS ABOUT CHARACTER
 INTEGRITY, HONESTY, KINDNESS,
 GENEROSITY, MORAL COURAGE, AND THE LIKE. MORE THAN ANYTHING ELSE, IT IS ABOUT HOW WE TREAT OTHER PEOPLE.

DWIG PRIGER

Respect is earned.
 Honesty is appreciated.
 Trust is gained.
 Loyalty is returned.

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"The difference between a moral man and a man of honor is that the latter regrets a discreditable act, even when it has worked and he has not been caught."

H. L. Mencken

Service Awards Issued to Patrol and Motor-Pool Staff

Sheriff Jim Hammond and members of the HCSO Command Staff issued Employee Service Awards to Patrol Deputy Nathan Fountain and Motor-Pool Technician Daric Butler. Deputy Fountain is a 10 year veteran of the Hamilton County Sheriff's Office. Motor Pool Technician Daric Butler is a 15 year veteran of the Hamilton County Sheriff's Office.



Deputy Nathan Fountain and Sheriff Hammond



Motor-Pool Technician Daric Butler and Sheriff Hammond

Officer Terry Hickey Receives 15 Year Service Award

February 23, 2016. Hamilton County Sheriff Jim Hammond, Corrections Chief Joe Fowler and Captain Gene Coppinger officially presented Corrections Officer Terry Hickey with her 15 year service certificate. Other Corrections staff were present to congratulate her as well.



Employee Service Award Goes To Patrol Lieutenant Max Johnson

February 17th. Sheriff Jim Hammond issued an Employee Service Award to Patrol Lieutenant Max Johnson for his 30th year of service. Before serving in his current rank, Lt. Johnson was a former Patrol Sergeant. Amongst those in attendance were the deputies of Bravo West Team, Sgt. Mark Kimsey and his brother, CID Captain Bill Johnson.

We all appreciate his many years of service to the HCSO and to Hamilton County residents.



(L-R) Deputies' David Arnold, Jonathan Wood, Andrew Standifer, Lt. Max Johnson and Deputies Aaron Shelton, Daniel Shields, and Sgt. Mark Kimsey.



Employee Service Awards Issued To Corrections Staff

February 15th. Sheriff Jim Hammond and members of the HCSO Command Staff issued Employee Service Awards to Corrections Lt. Jimmy Wildes, Sgt. Robert Harvey, Records Clerk, Jeanne Lowery and Records Clerk, June Jordan.

Lt. Jimmy Wildes is a 20 year veteran of the Hamilton County Sheriff's Office. Sgt. Robert Harvey is a 15 year veteran of the Hamilton County Sheriff's Office. Records Clerk Jeanne Lowery is a 5 year veteran of the Hamilton County Sheriff's Office. Records Clerk June Jordan is a 5 year veteran of the Hamilton County Sheriff's Office.





(L-R) Front – Sheriff Jim Hammond, Lt. Jimmy Wildes, Sgt. Robert Harvey, Jeanne Lowery, June Jordan, Corrections Chief Joe Fowler. Back Row – Capt. Gene Coppinger, Cpl. Charles Lowery, III, Cathy Cooper, Deborah Young, Susan Deraden, Corrections Deputy Charlie Johnson, Lt. Rex Minton and Corrections Deputy Crystal Wofford.



Letters to the Editors

(Director Bennett spoke by phone to a thankful homeowner, O’Keefe, as he recounted how impressed he was with Sergeant Whiteside’s, Corporal Purvis’ and Deputy Delashmitt’s call to his home.)

“I wanted to call and let you know how impressed I was with the three HCSO officers who came to our home twice over two days to deal with a “neighbor problem.” They handled themselves very professionally, and I felt that they really wanted to help us. We just wanted you to know how much we appreciated them.”

CHAPLAIN'S CORNER

On the Verge?

Have you come to the point where you want to give up? Seriously, where are you in your career, your marriage, your friendships, even your faith? Are you tired? Exhausted with all the blood, sweat and tears? Admit it, guys, if life doesn't wear you down to the point of exhaustion, trying to help those who don't want to be helped will. There are times when, after all you've done, you wonder, "Is it really worth it?"

Yes! Yes it *is!*

Over nearly 30 years of ministry, and in the last few years, especially, there have been numerous times when I've done all I could do to help someone, only to get burned and burnt out. And what's worse, even when I did everything right, I was the one who got hurt. Believe me, I get where you're coming from.

But so did the Apostle Paul.

Speaking to folks in a place called Galatia (Galatians 6:1-10), Paul encouraged helping those who'd gotten into trouble. He said they should "do

good unto all men...bear one another's burdens," etc. But he also said, "*Let us not grow weary in well doing: for in due season we shall reap, if we faint not*" (Gal. 6:9).

Faint? Did he say *faint*? Officers of the law certainly do "good," that's for sure. They help others, bear burdens, and carry more than their own share of the load. But police officers *never* faint! Or do they?

The Greek word translated as *faint* in the Authorized Version of Galatians 6:9 is actually a word which has the idea of *being totally spent and wasted away*. It's sort of like if all your strength and emotions were held inside of you, but then "loosed," like out of jail. *Gone...done...spent*.

So, yes, there *will* come a time, when in the process of just doing our jobs, we will feel like quitting, like throwing in the towel just before the buzzer. We will find ourselves with little or no emotional reserve, ready to "faint." But *THAT* is the time we should *NOT* give up!



That is the time to lean on others and press on!

Remember, in "due season" we will reap what we sow, so keep plowing ahead; harvest will come.

Chaplain Anthony Baker

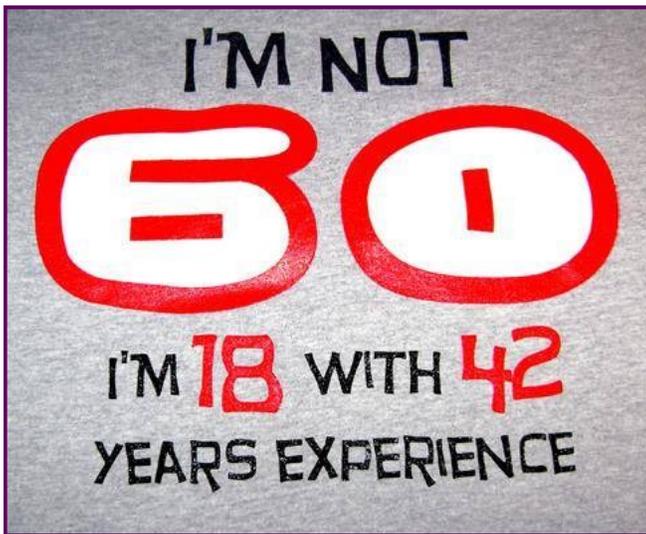


The Loyal Order of the... Whaaat?



Captain Coppinger was inducted into The Loyal Order Of The Quinquagenarians on February 6th, 2016. (Quinquagenarian defined, 50 years of age.)

Celebrants included Lieutenant Lasley, Captain Coppinger—steadying himself on his wife, Tammy, a host of friends and, of course, a Harley Davidson Birthday Cake.



And now for the (Are you ready for this?) Sexagenarian. (Sexagenarian defined, 60—70 years of age) and able to date without a chaperone. Shown above are Carri Smith and Don Gorman at O'Charley's in Hixson.

Happy Birthday, Director Gorman.

Guns & Hoses “Battle of the Badges 2016”

On Saturday night, February 20th, the 7th Annual Guns & Hoses “Battle of the Badges” was held at UTC’s Maclellan Gym. This year’s boxing card featured Bout 1 with two young Y-CAP Westside Boxing Club fighters and nine Bouts with our local law enforcement officers against area firefighters and EMS.

The night began with the Presentation of Colors by a Combined Honor Guard of the HCSO and the CPD. The sheriff’s office had two fighters this year, both fighting in the “Super Heavyweight” class: Lieutenant Robert Starnes, who lost to Dalton Firefighter Gary Stanley and Deputy Blake Kilpatrick, who won by a TKO over Chattanooga Firefighter Chris Precise. (Talk is that “Killer Blake” threw the hardest punches of any fighter that night.) This year’s boxing trophy and bragging rights went

to the firefighters winning five bouts out of the nine.

After the 10-Count bell and moment of silence at this year’s Intermission ceremony, the Chattanooga Guns & Hoses, “Battle of the Badges,” Y-CAP, and the Westside Boxing Club lead the crowd in honoring all the men and women of Hamilton County’s First Responders and members of our local military. They each received plaques of special recognition for their “bravery, courage and fearless heroism in the defense of our country, our county and the citizens of Chattanooga on July 16, 2015.”

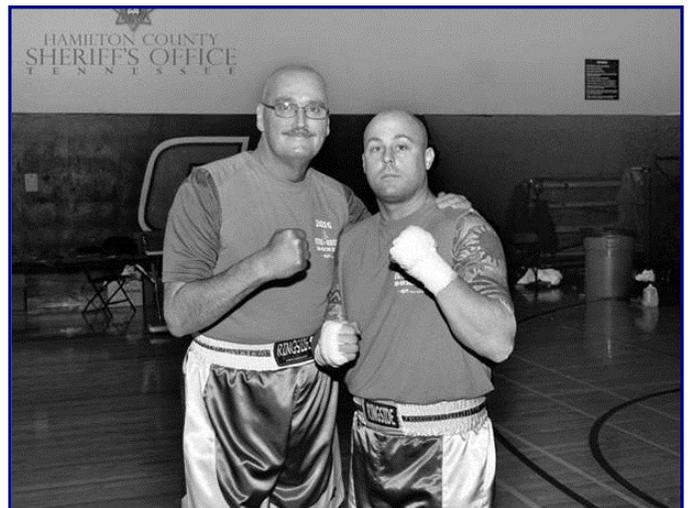
All profits from the “Guns & Hoses” event each year benefit Y-CAP’s Westside Boxing Club (a non-profit intervention/prevention program for at-risk juveniles between the ages of 10-14) and the Forgotten Child Fund (a non-profit charitable



organization started by local firefighters and police officers in order to provide Christmas gifts and love to needy children this area. I will report in next month’s Roll Call the amount of profits we will be able to distribute this year to those two charities.

Thank you to all our employees who supported this most-worthwhile event. You will help make a difference in the lives of many young people this year.

Director Bennett









What's Cookin' @ HCSO!



a
*classic
easter
dinner*

ham



Ingredients:

1/2 cup bottled pineapple spreadable fruit jam
1/4 cup Dijon mustard
1/4 cup packed dark-brown sugar
3 tablespoons vegetable oil
1 teaspoon garlic powder
1/4 teaspoon ground allspice
1 pre-sliced smoked ham (5 to 6 pounds)

Directions:

1. In small bowl, whisk together spreadable pineapple jam, mustard, brown sugar, oil, garlic powder and allspice until smooth.
2. Heat oven to 350 degrees F. Place ham in large roasting pan. Add 3/4 cup water to pan. Cover pan loosely with foil.
3. Bake ham in 350 degree F oven for 30 minutes.
4. Brush ham generously with some of glaze, about 1/2 cup. Return to oven. Bake uncovered, for 20 minutes. Brush with additional glaze, about 1/4 cup. Bake uncovered, for 10 minutes.
5. Serve with remaining glaze if desired

spoon rolls



Ingredients:

1 package (1/4 ounce) active dry yeast
2 cups warm water (110° to 115°)
1/2 cup butter, melted
1 egg, beaten
1/4 cup sugar
4 cups self-rising flour

Directions:

In a large bowl, dissolve yeast in warm water. Add butter, egg and sugar; mix well. Stir in flour until thoroughly combined (batter will be soft). Cover and refrigerate overnight. Spoon batter into greased or paper-lined muffin cups. Bake at 375° for 25-30 minutes or until golden brown. Remove from pans to wire racks to cool. Yield: 16 rolls.

Easiest ever baked macaroni and cheese:



Ingredients:

- 1 pound elbow macaroni (I often use whole wheat—although not this time.)
- 1 pound (4 cups) shredded extra sharp or sharp cheddar cheese
- 2 tablespoons all-purpose flour
- ¼ teaspoon ground mustard
- Salt and pepper to taste
- 2 cups low-fat milk (or go with whole if you're feeling indulgent!)
- 1 and 1/2 tablespoons butter (optional)

Directions:

1. Preheat oven to 375°F. Spray or grease a casserole dish or a 9x13 pan.
2. Cook macaroni as directed on the package in salted water until tender.
3. While macaroni is cooking, combine 2 and 1/2 cups of cheese with dry ingredients (flour, ground mustard, salt and pepper). You may use pre-shredded cheese so dump the dry ingredients into the bag, re-close it and give it a good shake. How easy is that?!
4. Combine cheese and dry ingredient mixture with hot macaroni and pour into the greased pan. Pour milk over macaroni. Top with remaining cheese and dot with butter (optional, but recommended).
5. Bake for 45 minutes or until firm and golden brown. Stick a knife in it to see if the milk is still runny or if it has firmed up.
6. (Optional) Let sit for 10 minutes before serving to further firm up.

Have a wonderful St. Patty's Day



Happy
St. Patrick's
Day!

